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| **7th Grade FACS ~ ~ ~ Mrs. Skinner** | | |
| **Date** | **Lesson Plans** | **Standards** |
| B3 12:30 – 1:48  G1 8:15 – 9:38  G2 9:42 – 11:05  G3 12:30 – 1:48 | **Fall 2020** |  |
| Wed Aug 19  Thurs Aug 20 | Welcome! Communication: interview, introduce – treats; curriculum/expectations; Log in to Google Classroom with code; Create Journals: design covers with 1st & last name in color, Entry #1 – Strategy B – Acrostics with your name/minimum of 5 positives that describe you. | FCS R 3.2  FCS.R 2.1  FCS.HD2.3 |
| Fri Aug 21  Mon Aug 24 | Begin *A Better You* project – write plan, project due Sept 4/8; Introduce Talks: instructions, choose with partner or by self (decision-making), select topic and create idea web. . . . Discuss/complete 1st 3 steps of planning process; begin research | FCS R 2.3  WHST.6-8.8 |
| Tues Aug 25  Wed Aug 26 | **~** XELLO Learning Styles Inventory Journal #2 – report % results and write 3 sentences of explanation; **Submit.** Finish research on topic – read and highlight info for talk; Write one bibliography entry; **3 PRINTED articles due next class** | FCS – varied by topic  WHST.6-8.8 |
| Thurs Aug 27  Fri Aug 28 | Create outline draft; Write on talk | FCS – varied  WHST.6-8.4  WHST.6-8.8 |
| Mon Aug 31  Tues Sept 1 | Finish writing talk; guidelines for creating slides presented | FCS – varied  WHST.6-8.4  WHST.6-8.8  RST.6-8.2  RST.6-8.8 |
| Wed Sept2  Thurs Sept 3 | Journal #3: Strategy J – “I will present my illustrated talk.” (3 expansions in this one sentence: \_\_ I will \_\_\_ present my \_\_\_ ill. Talk \_\_\_); Complete paperwork: score sheet, planning process, outline, and bibliography. Complete slides and finalize talk preparation. Select Fabric! | WHST.6-8.2  WHST.6-8.4  WHST.6-8.8 |
| Fri Sept 4  **Mon – Labor Day**  Tues Sept 8 | Complete plan for *A Better You* project and turn in; Journal #4: Strategy I – base this on one talk by a classmate; **Present Illustrated Talks** | FCS – varied  WHST.6-8.4  WHST.6-8.8 |
| Wed Sept 9  Thurs Sept 10 | Finish presenting Illustrated Talks/ complete Journal #4 if not yet in | FCS – varied by topic |
| Fri Sept 11  Mon Sept 14 | Journal #5: Strategy D – “I am (your name) the sewer.” 4 good sentences; Discuss projects; Check out tote trays, sewing tool identification and safety notes; ASSIGN sewing tools worksheet; Assess eLearners status (machine access? handsewing?) | FCS.T.2.1 |
| Tues Sept 15  Wed Sept 16 | Clothing Care – Laundry: Textbook worksheet, discussion, video, stain removal; Home assignment due Sept. 29/30 | FCS – Textiles |
| Thurs Sept 17  Fri Sept 18 | Sewing machine safety, parts identification and operation; “Drive”; stitch on paper | FCS – Textiles  W.7.4 |
| Mon Sept 21  Tues Sept 22 | Sewing Safety and Tools Quiz; Finish graded paper stitching; Cut fabric for seam samples; pin baste | FCS.T.2.1 |
| Wed Sept 23  Thurs Sept 24 | Thread sewing machines; Stitch fabric samples: 5/8 inch seam with overedge and ¼ inch seam serged; Study machine parts. | FCS – Textiles |
| Fri Sept 25  Mon Sept 28 | Machine Parts Quiz; Finish seam samples with seam finishes: 5/8 inch with overedge; ¼ inch serged | FCS – Textiles |
| Tues Sept 29  Wed Sept 30 | **Home Laundry Due!**  **Sewing Day #1 - UNIT SKILLS:**\*Technical Reading \*Goal Setting \*Time Management \*Communication  **Bean Bag -** Use pattern to cutout, mark opening, stitch ¼”, trim and turn, fill, stitch closed. | FCS – Textiles |
| Thurs Oct 1  Fri Oct 2 | **Sewing Day #2**  **Bean Bags continued!** | FCS – Textiles |
| Mon Oct 5  Tues Oct 6 | **Sewing Day #3**  **Button – hand sewing**  **Start Face Mask** | FCS – Textiles |
| Wed Oct 7  Thurs Oct 8  d Oct | **Sewing Day #4**  **Finish Face Mask**  **Project of choice** | FCS – Textiles |
| Fri Oct 9  Tues Oct 13 | **Sewing? Or move up/add a day to Human Development** |  |
| Wed Oct 14  Thurs Oct 15 | Introduce Human Development standards; benefits of and reasons for child care; child care careers; acrostic caregiver characteristics; textbook worksheet on stages of development and toy safety; Babysitting video with Journal #6 – Strategy NONE – 2 child care tips and where YOU will use them; non-dominant hand coloring | FCS.HD1.1  FCS.HD3.1  FCS.HD3.3 |
| Fri – Oct 16  Mon – Oct 19 | Human Development: Chapter wksht review; development, dos/don’ts, and safety class quizzes;  student demonstrations of caring for children; Quia Quiz! | FCS.HD3.1  FCS.HD3.3  WHST.6-8.4 |
| Tues – Oct 20  Wed – Oct 21 | Shaken Baby Syndrome video and Journal #7 –Strategy G: SBS is 100% preventable. 3 sentences. <https://www.youtube.com/watch?v=M3xytsg6oDo> Quia: Child Care Test; | FCS.NW3.1  WHST.6-8.4 |
| Thurs – Oct 22  Fri – Oct 23 | Kitchen Safety – teamwork on textbook/wksheet; test study assist; video (as time allows) with Journal #8 – kitchen safety poem. |  |
| Mon – Oct 26  Tues – Oct 27 | **Nutrition:** Take Kitchen/ Food Safety Test; Microwave pretest; kitchen procedures; LAB: Monkey Bread – adding color in microwave cooking; Microwave packet page 16. | FCS.NW.3.1 |
| Wed – Oct 28  Thurs – Oct 29 | **Nutrition:** Measuring demonstration; measuring worksheet – due today or beginning of next class; BONUS LAB for students with all assignments in;  **ICU WORK:** kitchen safety test retakes; laundry steps posters | FCS.NW.2.1 FCS.NW.3.2 |
| Fri – Oct 30  Mon – Nov 2 | **Nutrition:** Measuring worksheet due! *Exercise Your Options* booklets handed out – complete pages 1 – 6 as teacher directed; **HOME ASSIGNMENT: 24 hour food record on page 14. . . be sure to include amounts.** | FCS.NW.3.1  FCS.NW.3.2  RST.6-8.4 |
| Tues – Nov 3  Tues - Musical  Wed – Nov 4 | **Nutrition:** Microwave packet pretest review with *Just the Facts: Microwave Ovens* DVD; microwave packet page 9; Lab evaluation explained; Good Recipe/Gobbly Chow Lab and worksheet | FCS.NW.2.1  FCS.NW.2.2  RST.6-8.7 |
| Thurs – Nov 5  Fri – Nov 6 | **Nutrition:** Table Setting guidelines/ Manners;  Confetti Rice Lab - concept: stirring; Spaghetti Potato Lab – concept: piercing; study microwave packet page 2 | FCS.NW.2.3  FCS.NW.3.2  RST.6-8.4 |
| Mon – Nov 9  Tues – Nov 10  Wed – Nov 11 - NO SCHOOL | **Nutrition:** Breakfast: *Options* booklet page 10; *Breakfast Because* video with discussion; plan Breakfast Buffet. | FCS.NW.2.1  FCS.NW.3.2 |
| Thurs – Nov 12  Fri – Nov 13 | **Nutrition:** Study of nutrient Calcium for strong bones and teeth: *Build Better Bone Now* video, Lab: Apple Crisp with Ice Cream | FCS.NW.2.3  FCS.NW.3.2  RST.6-8.4 |
| Mon – Nov 16  Tues – Nov 17 | **Nutrition:** Complete pages 15-16 of *Options* booklet following printed instructions; *Best 7 ¼ tips for Nutrition & Nutrients* DVD | FCS.NW.2.3  RST.6-8.3  RST.6-8.7 |
| Wed – Nov 18  Thurs – Nov 19 | **Nutrition:** Bubble Pizza Lab – use of oven; include veggie; Fast Food lesson in *Options* pages 7-9 with video; recipe costing | FCS.NW.2.3  RST.6-8.2 |
| Fri – Nov 20  Mon – Nov 23 | **Nutrition:**  *Options* booklet pages 19-20 on activity; Food, Health and Exercise video with math activity to calculate calories burned by various activities | FCS.NW.2.2  Math |
| Tues – Nov 24  Wed – Nov 25  Thanksgiving | **Nutrition:**  Ground Beef Lab and study  \*Tacos \*Sloppy Joes \*Spaghetti  \*Broiled Burgers \*Chili \*Meatloaf  Microwave unit QUIZ | FCS.NW.2.2.1  FCS.NW.3.2 |
| Mon – Nov 30  Tues – Dec 1 | **Nutrition:**  Finish *Options* booklet and turn in; Review plans for Breakfast Buffet; **MICROWAVE UNIT TEST;** Nutrition Snap Recap game (Jeopardy format) | FCS.NW.2.1  FCS.NW.2.3  RST.6-8.2 |
| Wed – Dec 2  Thurs– Dec 3 | **Nutrition:**  Breakfast Buffet: Food Preparation & service; table setting and manners; time management! | FCS.NW.2.3  FCS.NW.3.2 |
| Fri – Dec 4  Mon – Dec 7 | Intro to job skills; Career Exploration with SDMyLife matchmaker assessment - complete Journal entry #9 and #10 | FCS.CE.1.1  FCS.CE.1.3  WHST.6-8.4 |
| Tues – Dec 8  Wed – Dec 9 | Assess school and home habits that affect work habits; Journal # 11 – I should be hired for the job because. . .; | FCS.CE.1.3  RST.6-8.2 |
| Thurs – Dec 10  Fri – Dec 11 | Begin financial unit: Dave Ramsey booklets; playspent.org; | FCS.CE.1.3  RST.6-8.2 |
| Mon – Dec 14  Tues – Dec 15 | Continue money management at <https://teachbanzai.com/> with pretest and then life situations; Journal # 12 – Strategy C - If I had a checking account, it would/would not be overdrawn – 3 good sentences; back cover Journal entry – class evaluation; TURN IN JOURNALS! |  |
| Wed – Dec 16  Thurs – Dec 17 | continue on Bonzai Life Situations and Game; rewards for stickers earned during Nutrition unit (kisses/ brownie bites/ ice cream/ toppings); *ICU work as needed; Financial Smarts Kahoot – with prize – bonus points.* |  |
| Fri – Dec 18  Mon – Dec 21 |  |  |
| Tues – Dec 22  Wed- Dec 23 | Collect passes for extra credit; *Banzai Posttest; Return financial grades with 100 Grand; Stash That Cash* DVD; ICU work as needed; FACS Review Jeopardy |  |
|  | **Happy Holidays!!** | C:\Users\ss047\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\7D02ACA2.tmp |